

## Dulwich Runners' times in Eltham Park 5m 16 Jun 19

	Time	Points In Age Category M/F								Age Grade Points	Club Champs Awards
		ms	m40	m50	m60	f s	f40	f50	f60+		
Shane O'Neill	28.36	50								789	1st man
Danny Mann_	29.13		50							812	2nd man
Thomas South	29.38		49							813	3rd man
Tony Tuohy	30.12			50						887	1st m50
Alastair Locke	30.50	49								745	
Joe Twomey	31.03	48								729	Captains' award
Marta Miaskiewicz	31.48					50				811	1st woman
Joe Farrington-Douglas	32.08	47								733	1st m40
Eugene Cross	32.23	46								717	
Mike Fullilove	34.12			49						790	Age grade man
Yvette Dore	34.13						50			815	2nd woman
Kim Hainsworth	34.26					49				754	3rd woman
Alex Bazin	34.34	45								672	
Michelle Lennon	35.00							50		844	1st w50
Emma Ibell	35.01						49			797	1st w40
Mark Foster	35.01			48						746	
Ebe Prill	37.10			47						727	
Alex Haylett	37.47	44								619	
Graham Laylee	39.07				50					722	1st m60
Gideon Franklin	39.19			46						681	
Teresa Northey	40.18						48			679	
Ros Tabor	40.30								50	913	Overall winner
Barrie John Nicholls	41.04				49					707	
Joanne Shelton Pereda	41.37						47			652	
Joseph Brady	42.06			45						620	
Midge Cameron	42.24							49		714	Age grade woman
Andy Murray	42.57				48					682	
Ameet Patel	43.28			44						611	
Claire Steward	45.02								49	797	1st w60
Paul Keating	45.55			43						564	
		30	7	2	8	3	2	4	2	2	

now using chip times and incorporating a 5.86% enhancement for course difficulty.

## 2019 champs categories Eltham Park 5 miles

Overall winner (AGE GRADING)	Ros Tabor
1st Man (any age category)	Shane O'Neill
1st Woman (any age category)	Marta Miaskiewicz
2nd Man (any age category)	Danny Mann
2nd Woman (any age category)	Yvette Dore
3rd Man (any age category)	Tom South
3rd Woman (any age category)	Kim Hainsworth
First M40 (exc. above)	Joe Farrington-Douglas
First W40 (exc. above)	Emma Ibell
First M50 (exc. above)	Tony Tuohy
First W50 (exc. above)	Michelle Lennon
First M60 (exc. above)	Graham Laylee
First W60 (exc. above)	Claire Steward
Age Graded MAN (exc. above)	Mike Fullilove
Age Graded WOMAN (exc. above)	Midge Cameron
13 Captains' award	Joe Twomey

## Medals table for the 5k championship race at Battersea last Monday

### 2019 champs categories 5k Battersea Park

Overall winner (AGE GRADING)	Tony Tuohy
1st Man (any age category)	Ed Chuck
1st Woman (any age category)	Elkie Mace
2nd Man (any age category)	Tim Bowen
2nd Woman (any age category)	Ali Campbell
3rd Man (any age category)	Andy Bond
3rd Woman (any age category)	Marta Miaskiewicz
First M40 (exc. above)	Danny Mann
First W40 (exc. above)	Yvette Dore
First M50 (exc. above)	Charlie Lound
First W50 (exc. above)	Lucy Pickering
First M60 (exc. above)	Steve Smythe
First W60 (exc. above)	Ros Tabor
Age Graded MAN (exc. above)	Tom South
Age Graded WOMAN (exc. above)	Michelle Lennon
13 Captains' award	Jack Ramm

## England Athletics Marathon Championships

Congratulations to our top three women finishers (all sub -3 ! ) at the London Marathon, this year. They came third in the EA team championship and the confirmation and medals have arrived. Hopefully they will also be 3rd in the British champs, confirmation awaited, which has medals and money prizes.



**1 Clapham Chasers** **8:20:55**  
560 Stephanie Davis 2:32:38  
720 Eve Bugler 2:51:53  
891 Alice McGushin 2:56:24

**2 London Heathside** **8:36:43**  
844 Rebecca Bunting 2:46:34  
652 Josie Hinton 2:53:50  
669 Julia Bijl 2:56:19

**3 Dulwich** **8:48:08**  
590 Marta Miaskiewicz 2:53:33  
956 Ali Campbell 2:55:22  
834 Hayley Seddon 2:59:13